

WHAT ARE CATCHPRO BANDS?

CatchPro Bands are a revolutionary training aid that teach the fundamental skill of an Early Catch and a Quality Pass by reinforcing correct technique. The CatchPro Bands is a wrist band that easily slips onto the athlete's wrists to promote the correct placement of Hands, Fingers and arms that build confidence, consistency for an improved Catch / Pass technique.



Tailored to all skill levels with 3 different sizes available to cater to players at every stage of their journey.

THE DEVELOPMENT BAND

Introduction to the early catch perfect for players starting out this band offers a balance of support and freedom to grasp the basics of the early catch and quality pass.



THE PROGRESSION BAND

Ideal for athletes with a solid foundation the shorter band helps refine the accuracy and speed of the early catch and pass.

THE ELITE BAND

crafted for the experienced athlete looking to elevate their Catch / Pass to the speed of the modern game.





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EVERY PLAY STARTS WITH A CATCH